

# Resources for Lent 2024

- Feb 11th, 2024

Image ICN/JS

With Lent 2024 nearly upon us - we've brought you a selection of new resources - from books, to apps, online series, email reflections and activities to choose from - listed here in alphabetical order. *(If you'd like to suggest any more please let us know.)*

## **Act on Poverty**

A new 'Act of Poverty' course, for use in Lent or later in 2024, has been produced by CAFOD, Christian Aid, Church Action on Poverty (CAP), The Trussell Trust and others to create resources which will help church communities gain a deeper understanding of experiences of poverty, and enable action in the run up to the election.

See: [www.christianaid.org.uk/get-involved/campaigns/act-on-poverty](http://www.christianaid.org.uk/get-involved/campaigns/act-on-poverty)

## **CAFOD online Lent calendar**

Sign up to the calendar and receive reflections straight to your inbox that can help pause, pray and reflect ahead of Easter. The daily Lent emails of prayer and reflection will offer an opportunity to pause, reflect, pray and take action as you prepare for Easter.

<https://cafod.org.uk/pray/lent-calendar>

## **Christian Climate Action**

'No Faith in Fossil Fuels' Vigil at Westminster 14-24 February

<https://christianclimateaction.org/2023/12/08/join-us-for-the-no-faith-in-fossil-fuels-lent-vigil-for-climate-justice-14-24-february-2024/>

## **Columban Missionaries**

DVD- Stations of the Forests + resource booklet  
Laments devastation of rainforests and tribal people.

£7.00 inclusive of p&p or view free

at: [www.youtube.com/watch?v=ancWU2YInHE](http://www.youtube.com/watch?v=ancWU2YInHE). Email: [vocforjus@aol.com](mailto:vocforjus@aol.com)

## **Hallow**

The Hallow website and App have information and daily prayer texts. Join hundreds of thousands of Christians around the world participating in their Pray40 prayer challenge, featuring Mark Wahlberg and Jonathan Roumie. See: <https://hallow.com/lent/>

## **Irish Chaplaincy**

Lenten Retreat 4 - 8 March. A simple daily on-line gathering. Register with [paul.raymond@irishchaplaincy.org.uk](mailto:paul.raymond@irishchaplaincy.org.uk)

## **Learning the Language of Grace**

Learning the Language of Grace was first conceived by Father Christopher Jamison OSB as an additional resource to be used alongside his book, 'Finding the Language of Grace: Rediscovering Transcendence.'

The videos used across this site were created after an event held at St Giles Cripplegate Church where Father Christopher spoke alongside Rev Jennifer Smith of Wesley's Chapel. Following the event, Father Christopher designed these four short sessions to be used during Lent (or any time users choose).

For an original way to celebrate Lent visit the free site: [www.learngrace.org](http://www.learngrace.org)

The book 'Finding the Language of Grace: Rediscovering Transcendence' can be purchased here: [www.bloomsbury.com/uk/finding-the-language-of-grace-9781399402712/](http://www.bloomsbury.com/uk/finding-the-language-of-grace-9781399402712/)

## **Maryknoll Office for Global Concerns**

Lenten Reflection Guide: Caring for Creation

A 14-page guide for download. It offers reflections, small group questions, prayers, and actions based on Gospel readings and concerns raised by Maryknoll missionaries and affiliates with experience of caring for creation.

See: <https://mogc.info/Lent2024>

## **PACT (Prison Advice and Care Trust)**

Pact's Stations of the Cross liturgy can be downloaded. Each station is illuminated by the words of people in prison and their families.

See: [www.prisonadvice.org.uk/stations-of-the-cross](http://www.prisonadvice.org.uk/stations-of-the-cross)

Pact is meeting people in person in St Marie's Cathedral, Sheffield on 22 February

[www.prisonadvice.org.uk/Event/hallam-mass-justpeople-roadshow](http://www.prisonadvice.org.uk/Event/hallam-mass-justpeople-roadshow)

Lenten Just People online workshop on 6 March

[www.prisonadvice.org.uk/Event/justpeople-online-workshop-mar06](http://www.prisonadvice.org.uk/Event/justpeople-online-workshop-mar06)

### **Pax Christi International**

2024 Lenten campaign: Lenten Calendar: 40 Days of Reflection and Renewal starting on Ash Wednesday. Each day is a new opportunity to unwrap a virtual box filled with resources that inspire contemplation on themes such as peacebuilding, nonviolence, and ecological justice. Immerse yourself in insightful readings, prayers, and videos... and discern. They will guide you through a season of meaningful introspection. The fully interactive calendar will be available from 14 February.

See: <https://paxchristi.net/2024/02/06/lenten-calendar-40-days-of-reflection-and-renewal/>

Pax Christi England and Wales details at: <https://paxchristi.org.uk/>

### **Pope's Lenten Message 2024 on social and environmental justice**

The Pope's Lenten Message for 2024, released on 1 February and entitled 'Through the Desert God Leads us to Freedom', echoes the themes of the Pope's social encyclicals, 'Laudato Si' and 'Fratelli Tutti'. He calls for "conversion" and urges attention to social justice, review of personal lifestyle, care for creation, and aiding the poor and marginalised. He says: "Today, the cry of so many of our oppressed brothers and sisters rises to heaven. Let us ask ourselves: Do we hear that cry? Does it trouble us? Does it move us? .... Love of God and love of neighbour are one love."

See: [www.vaticannews.va/en/pope/news/2024-02/pope-francis-lenten-is-a-time-of-conversion-and-freedom.html](http://www.vaticannews.va/en/pope/news/2024-02/pope-francis-lenten-is-a-time-of-conversion-and-freedom.html)

### **Sacred Space**

The Sacred Space website, an inspiration of the Irish Jesuits, continues to be one of the most popular prayer sites worldwide. See: <https://sacredspace.com/>

**Sacred Space for Lent 2024** - from Messenger publications continues the traditional format of Scripture reading, points of reflection, a weekly topic and six steps of prayer and meditation. The handy format makes this an ideal book for a pocket, briefcase, handbag or even the glove compartment of the car!

See: [www.messenger.ie/product/sacred-space-for-lent-2024/](http://www.messenger.ie/product/sacred-space-for-lent-2024/)