

Shopping during Advent



Dear God, as I look through my gift shopping list, I hold up to you each person listed on it. Slowly, one by one, I ask that the fire of your abundant love burn within each of them. I pray that the gift I find for each person will bring joy into that life. But, help me to keep a balance this season, Lord. Let me keep my buying in perspective, not to spend more than I need to or can afford. Let me not give in to the pressures of this world and not equate love with money spent. Let me always remember the many, many people who have so much less in material things. Help me to buy wisely, so that my choices will not burden those in other countries who are so deeply affected by this country's economy.

And finally, loving God, help me to find time in the frantic moments of each day to become centred on you. Walking through a store, riding on the bus, hurrying down a street: let each of these times be moments when I can remember your incredible love for me and rejoice in it.

Wrapping gifts

Dear Lord, I am tired. I sit here surrounded by ribbons and paper, gifts and tags



and I struggle to feel the spirit of giving. I can barely remember which gift is for whom and at moments it all seems so far from your birth. Help me to take this moment to think of the many gifts you have given to me, the many ways your grace has blessed my life. Help me to remember that each gift is a tiny mirror of the generosity I see so clearly in your life and of the many ways you shower me with such lavish and undeserved love. Let me sit here for just a moment and feel that joy

in my heart. Thank you. Thank you.